

SUPPORTING BC YOUTH: NON-TEACHING SCHOOL STAFF

This poster uses data from McCreary Centre Society's BC Adolescent Health Survey (BC AHS). The most recent BC AHS was completed in 2018 by over 38,000 youth aged 12–19. To learn more about the survey and view other posters and reports, please visit mcs.bc.ca.



Just under a quarter of BC youth (23%) had asked school staff other than teachers for help in the past year. Males and non-binary youth were more likely than females to have asked for help (e.g., 26% of males vs. 21% of females).

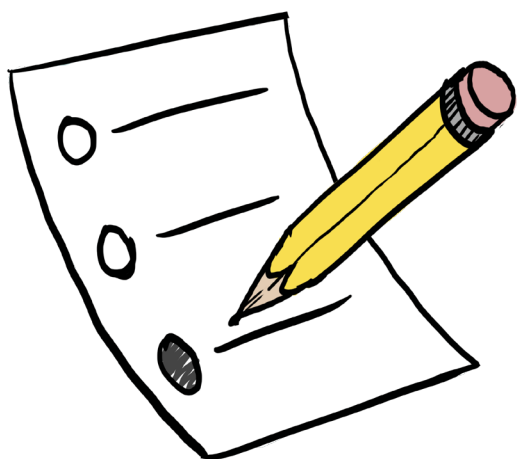
AMONG YOUTH WHO ASKED SCHOOL STAFF FOR HELP...



85%
found the experience helpful.

Males were the most likely to find the experience helpful (87% vs. 83% of females vs. 68% of non-binary youth).

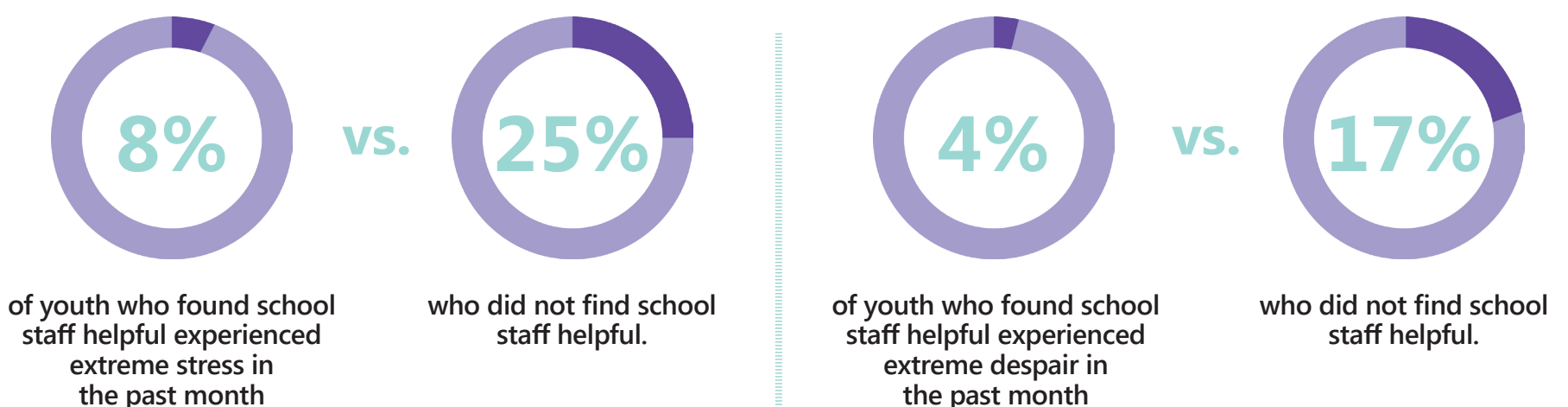
Students who found the experience helpful were more likely to:



- Plan to continue their education after high school (85% vs. 77% who did not find school staff helpful).
- Have an adult who helped them with their homework (72% vs. 51%), and preparing for post-secondary (82% vs. 68%).
- Feel like a part of their school (72% vs. 42%), be happy to be at school (71% vs. 37%), and feel safe at school (81% vs. 48%).
- Feel hopeful for their future (76% vs. 52%).
- Feel their life was going well (83% vs. 57%).
- Feel good about themselves (72% vs. 43%).
- Describe their mental health as good or excellent (83% vs. 60%).

Youth who found school staff helpful were less likely to have:

- Missed class in the past month due to their mental health (12% vs. 33% of those who did not find school staff helpful).
- Missed out on extracurriculars in the past year because they felt too anxious or depressed (10% vs. 27%).
- Missed out on accessing needed medical help (6% vs. 17%), and mental health services (10% vs. 32%).
- Carried a weapon to school in the past month (4% vs. 13%).
- Experienced extreme stress or extreme despair in the past month.



Illustrations by Alex van der Marel