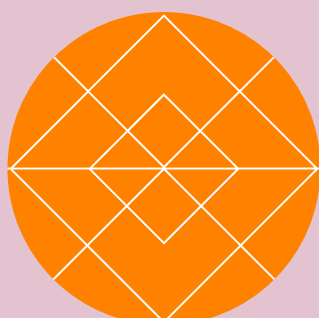
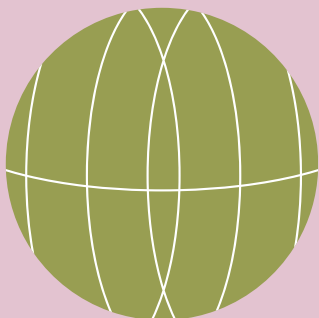


FRIEND SHIP



A PRODUCT OF THE 2023 BC AHS



Photo credit: A

BC ADOLESCENT HEALTH SURVEY

- Completed every 5 years
- Grades 7–12
- Around 38,500 youth filled it out in 2023



Photo credit: N

**94% of youth reported
having in-person
friends**

“FIND A GROUP OF PEOPLE WHO
CHALLENGE AND INSPIRE YOU,
SPEND A LOT OF TIME WITH THEM,
AND IT WILL CHANGE YOUR LIFE
FOREVER.”

- AMY POEHLER



Photo credit: N

TEAM HUDDLE



Photo credit: A

○ What does friendship look like to you?



Photo credit: N

Photo credit: L



“I’m a part of the book club in my school, which is something I never knew I needed until I was in it. There’s just something so fun and special in having a small community to gush about or criticize certain books. It feels wonderful to be surrounded by friends who share the same interests as me even though they may not always have the same opinions as me.”

-Grade 10 student

**36% OF YOUTH REPORTED HAVING
ONLINE FRIENDS THEY HAD NEVER MET
IN PERSON**



Photo credit: N

PRESERVE MOMENTS

“You can count on me like one, two, three
I'll be there

And I know when I need it, I can count on
you like four, three, two

And you'll be there

'Cause that's what friends are supposed
to do, oh, yeah”

- Count on me by Bruno Mars



Photo credit: C

PALS



Photo credit: A

Youth who had three or
more close in-person
friends were more
likely to feel safe at
school

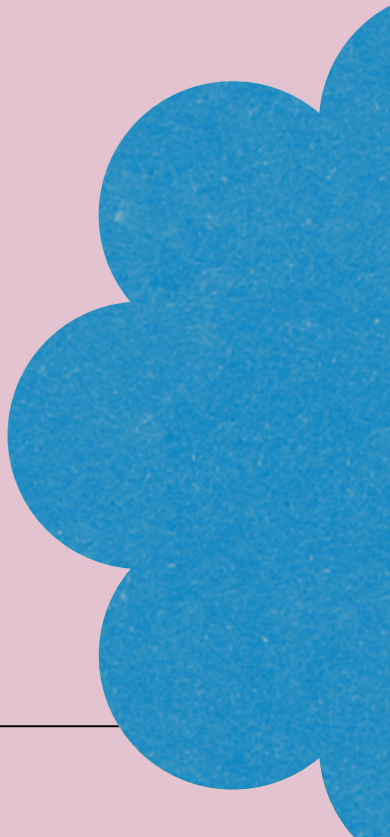




Photo credit: M

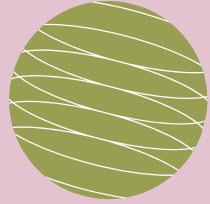


Photo credit: S

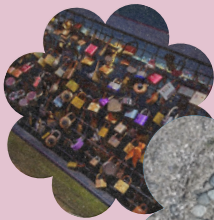
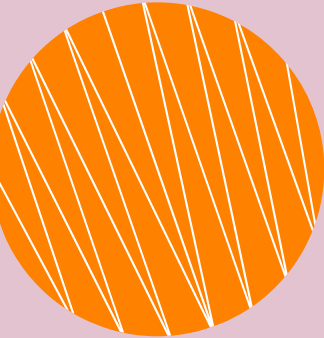
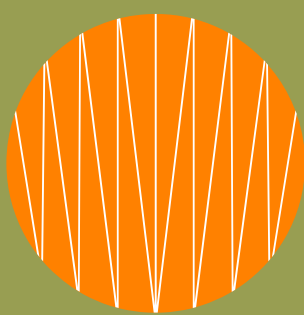
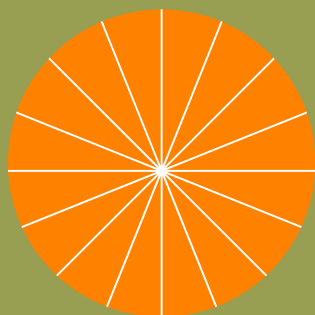


Photo
credit: M



Photo credit: M





CREATED BY
MCCREARY'S YAC



This zine was created by McCreary
Centre Society's Youth Advisory
and Action Council as part of a
series to reflect on the findings
of the 2023 BC AHS.

To find out more about the BC AHS
and for details about how to join
the Youth Advisory and Action
Council, visit mcs.bc.ca.

