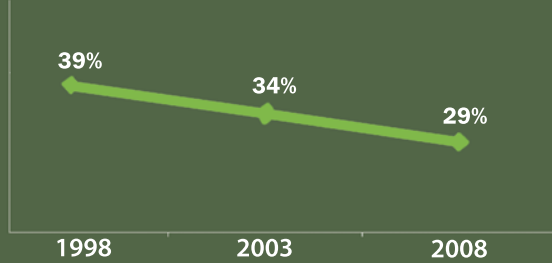


Youth injuries in BC are down **10%** since 1998.

Injuries in the past year that
required medical attention



“I have had an
injury to my
knee and have
not been able to
be active for the
last 3 months.”

This is one of a series of 12 pamphlets sharing the results of the BC Adolescent Health Survey with young people. Other pamphlets in the series include: Nutrition, Sexual Behaviour, Smoking, Weight & Body Image, Health & Accessing Health Care, School & Work, Sport & Leisure Activities, Abuse & Violence, Mental & Emotional Health, Building Protective Factors and Substance Use.



Information presented here is taken from the 2008 BC Adolescent Health Survey which was completed by 30,000 youth in grades 7-12. The results of this survey are published in *A Picture of Health*, as well as other youth friendly reports and fact sheets. These are available free on our website. If you are interested in learning more about the results, or how to use the results to improve youth health in your community, visit www.mcs.bc.ca.



McCreary Centre Society
3552 Hastings Street East
Vancouver, BC V5K 2A7
www.mcs.bc.ca

A Picture of Health:



Injuries

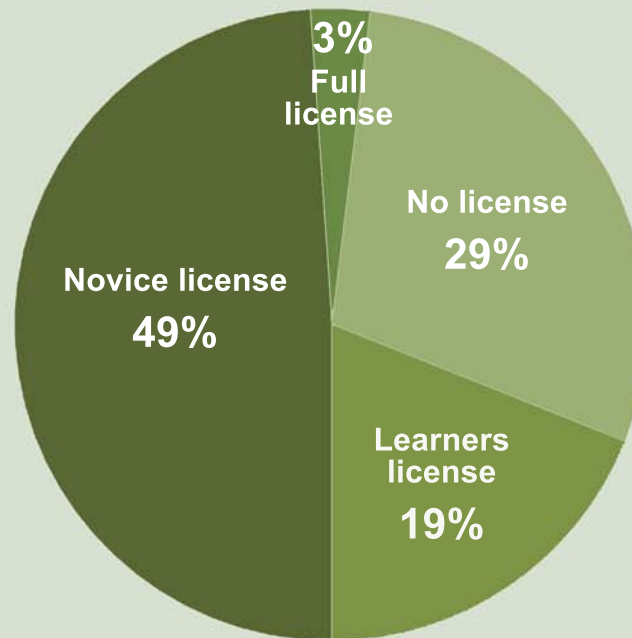
Results of BC Adolescent Health Survey





Motor vehicle accidents are the leading cause of death among BC youth. There has been no change since 2003 in the number of students who have driven while under the influence of either alcohol or marijuana.

Driving license held, among students who drove after drinking in the past month



Males were more likely than females to have driven a vehicle after using alcohol or marijuana (11% vs. 8%) and females were more likely to be passengers with a driver who had been drinking (21% vs. 16%).

Did you know?

Many injuries are preventable. The use of motor vehicle seat belts and bicycle helmets are key ways in which youth injuries can be reduced.

Resources

HealthLink BC

Anywhere in BC: 8-1-1

TTY (Deaf and hearing-impaired): 7-1-1

www.healthlinkbc.ca

Easy access to non-emergency health information and services.

Local Youth Clinic

Search online for youth clinics in your area.

They are free, confidential and full of professional doctors and nurses who are happy to help.

Kids Help Phone

1-800-668-6868

www.kidshelpphone.ca

Free and anonymous phone and web counselling that is confidential, non-judgemental and available 24/7 for both children and teenagers.

Youth In BC

604.872.3311 (Greater Vancouver)

1.866.661.3311 (Toll-Free)

www.youthinbc.com

A volunteer driven organization committed to helping people help themselves and others deal with crisis.