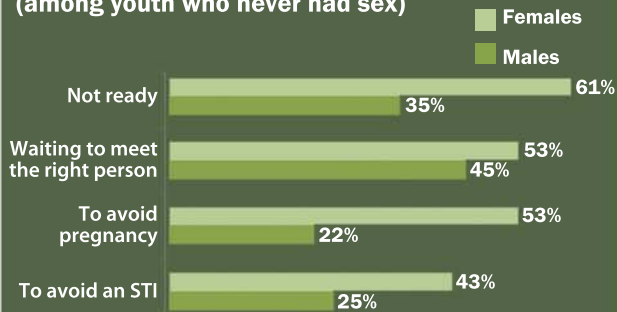


78% of BC youth never had sexual intercourse

Some reasons for not having sex (among youth who never had sex)



Note: These are only 4 of 9 options.
Youth could choose more than one response

“It’s too difficult to get STD testing & free birth control.”

This is one of a series of 12 pamphlets sharing the results of the BC Adolescent Health Survey with young people. Other pamphlets in the series include: Nutrition, Injuries, Smoking, Weight & Body Image, Health & Accessing Health Care, School & Work, Sport & Leisure Activities, Abuse & Violence, Mental & Emotional Health, Building Protective Factors and Substance Use.



Information presented here is taken from the 2008 BC Adolescent Health Survey which was completed by 30,000 youth in grades 7-12. The results of this survey are published in *A Picture of Health*, as well as other youth friendly reports and fact sheets. These are available free on our website. If you are interested in learning more about the results, or how to use the results to improve youth health in your community, visit www.mcs.bc.ca.



McCreary Centre Society
3552 Hastings Street East
Vancouver, BC V5K 2A7
www.mcs.bc.ca

A Picture of Health:

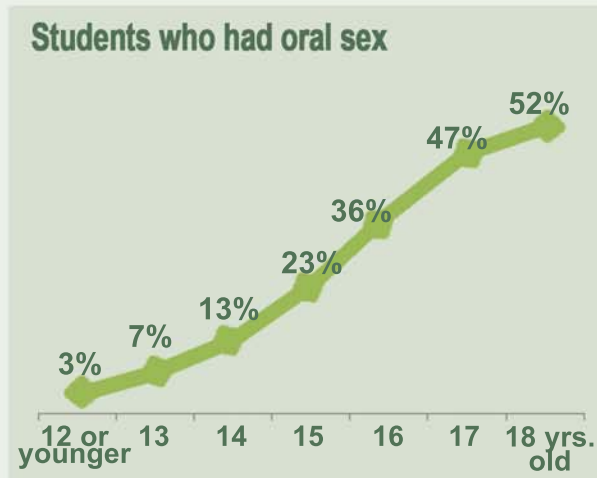


Sexual Behaviour Results of BC Adolescent Health Survey

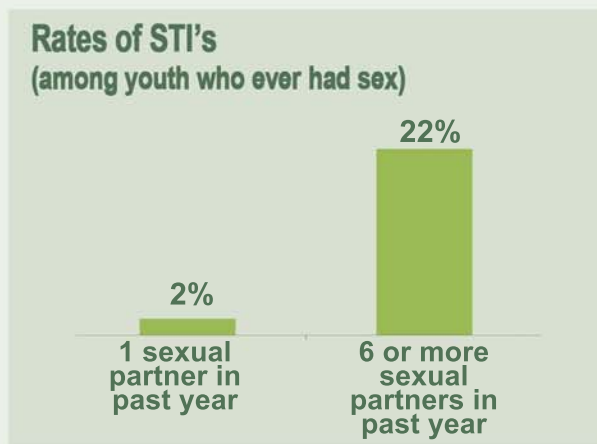




Among sexually active youth, the most common age for first having sex was 15. Around 26% of students reported ever having oral sex.



4% of sexually active youth reported having a sexually transmitted disease (STI).



66% of youth reported using a condom the last time they had sex and 46% reported using the birth control pill to prevent pregnancy.

Did you know?

Almost 1 in 4 sexually active youth (23%) reported using withdrawal as a method to prevent pregnancy the last time they had sex, which is an unreliable method of contraception.

Resources

HealthLink BC

Anywhere in BC: 8-1-1

TTY (Deaf and hearing-impaired): 7-1-1

www.healthlinkbc.ca

Easy access to non-emergency health information and services.

Local Youth Clinic

Search online for youth clinics in your area.

They are free, confidential and full of professional doctors and nurses who are happy to help.

Kids Help Phone

1-800-668-6868

www.kidshelpphone.ca

Free and anonymous phone and web counselling that is confidential, non-judgemental and available 24/7 for both children and teenagers.

Options For Sexual Health (OPT)

604-731-4252

info@optbc.org

www.optionsforsexualhealth.org/

Clinics with reliable sexual health services and support provided non-judgmentally and confidentially.