

Who Do

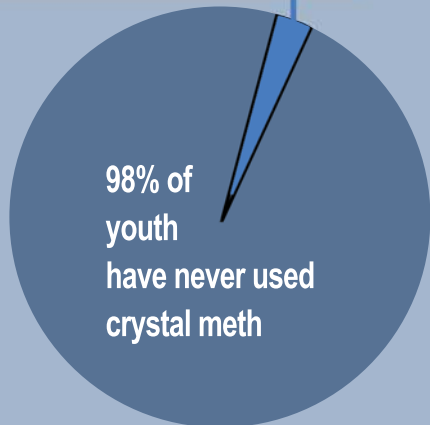
YOU

Know Takes Drugs?

Other than alcohol and marijuana, 16% of 16-18 year olds in BC had tried one drug and 6% had tried two.

Most youth in BC are not using drugs.

16-18 year olds who had tried crystal meth



Want to talk?

Alcohol and Drug Information and Referral Service

604-660-9382

BC Toll Free: 1-800-663-1441

24 hours, 7 days a week

Deaf and hard of hearing callers:

TTY 604-875-0885 (collect calls accepted)

or text 604-836-6381

Kids Help Phone

1-800-668-6868

www.kidshelpphone.ca

Here To Help

Information about substance use, mental health information, and where to find other supports.

www.heretohelp.bc.ca



This pamphlet is based on the results of the 2008 Adolescent Health Survey, as reported in the "2008 Adolescent Health Survey Drug Use Bulletin" available free on our website.



McCreary Centre Society
3552 Hastings Street East
Vancouver, BC V5K 2A7
www.mcs.bc.ca

Drug use and YOU



Steroids
Ecstasy
Cocaine
Crystal Meth
MUSKIE
Heroin

Youth who never tried drugs reported better emotional health.



Fast Facts:

In 2008, 16-18 year olds who had used substances other than alcohol or marijuana were more likely to:

- Be involved in a physical fight
- Report extreme stress
- Have sex before the age of 14
- Be involved in a pregnancy
- Attempt suicide

Youth who use these substances are often coping with negative experiences and may need support from schools, families, peers and their community.

Did you know?

Youth who used alcohol before they turned 13 were eight times as likely to have tried ecstasy as those who waited until they were 15 or older to drink alcohol.

“ I have had a lot of problems with drugs in the past few years but last summer I came back home and got back on track.”
17 year old male

Youth who had not tried drugs were more likely to have better family connectedness, educational aspirations, be involved in organized sports and report high self esteem.

Among youth who tried drugs other than alcohol and marijuana the most commonly used drugs were prescription pills without a doctor's consent, followed by hallucinogens (including ecstasy) and mushrooms.

