

ONLINE SAFETY

FOR FEMALE YOUTH AGED 12 - 19



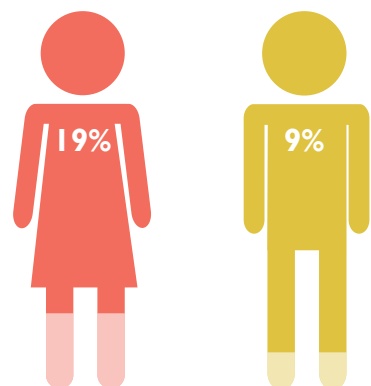
McCreary
Centre Society

Statistics are from youth aged 12 - 19 who completed the 2013 BC Adolescent Health Survey (www.mcs.bc.ca).

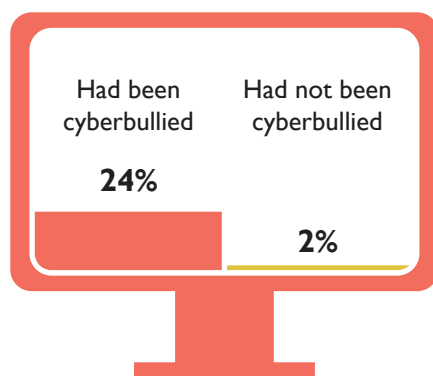
Funded by:



Met someone online who made them feel unsafe in the past year:



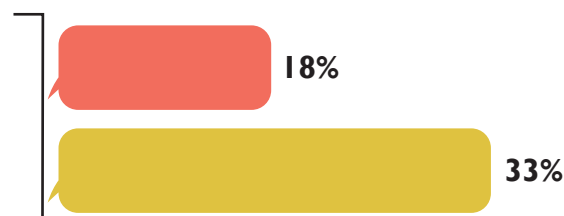
Females who cyberbullied someone else:



Female youth who had met someone online who made them feel unsafe, had been bullied online, or who engaged in sexting were more likely to report poor mental health than those without these experiences.

Females who met someone online who made them feel unsafe:

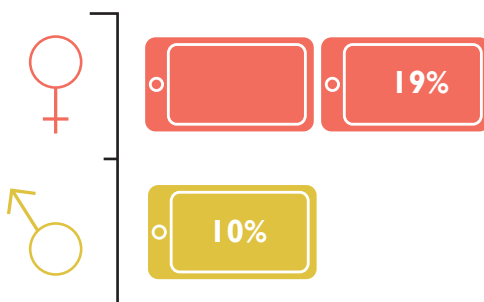
- Often/always felt safe in their neighbourhood in the daytime
- Rarely/never felt safe in their neighbourhood in the daytime



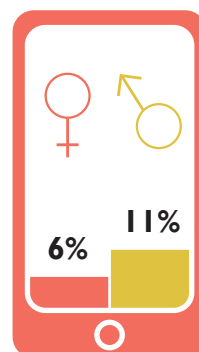
If you are cyberbullied or you know someone who is:

- Tell your parents, teacher or another trusted adult
- Save the emails, chat logs or SMS's
- Block and delete the bully from your contact lists
- Do not respond to nasty comments
- Use the 'report abuse' button on websites/apps to report the problem
- Take a break from technology
- If the bullying continues, open a new account and only give your new details to trusted friends and family.
- If you are being harassed on your phone, report the problem to your phone company and get a new number
- If the bullying continues ask an adult to help you report it to the Police

Had been cyberbullied in the past year:



Sexted yesterday:



Females were less likely to have cyber safety problems if they:

- Felt connected to family, school or community
- Had an adult they could turn to when they had a problem
- Had a helpful family member
- Had parents who knew what they were doing in their spare time
- Felt safe at school, on transit and in their community
- Had three or more close friends and had friends with healthy attitudes towards risky behaviour
- Felt safe in their neighbourhood