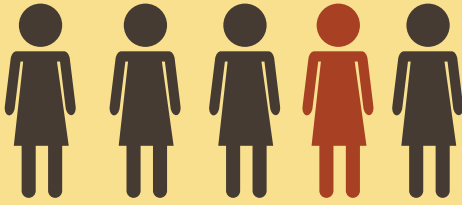


VICTIMIZED ONLINE

Statistics are from youth aged 12 - 19 who completed the 2013 BC Adolescent Health Survey (www.mcs.bc.ca).

FEMALES AGED 12 - 19:

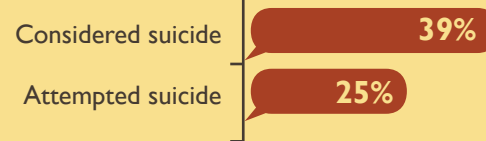
1 in 5 had met someone online who they feel unsafe:



1 in 5 had been cyberbullied:



Among those who had been cyberbullied:

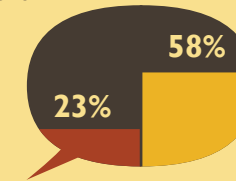


IT IS IMPORTANT TO SUPPORT FEMALE YOUTH WHO ARE VICTIMIZED ONLINE, AND FOR ADULTS AND FRIENDS TO TAKE IT SERIOUSLY:

Seriously considered suicide in the past year:

Had an adult in their family to talk to about their problems

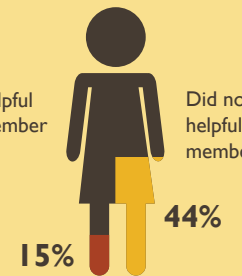
Did not have an adult in their family to talk to about their problems



Females who reported extreme despair in the past month:

Had a helpful family member

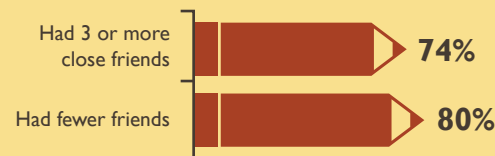
Did not have a helpful family member



IF YOU ARE CYBERBULLIED OR YOU KNOW SOMEONE WHO IS:

- Tell your parents, teacher or another trusted adult
- Save the emails, chat logs or SMS's
- Block and delete the bully from your contact lists
- Do not respond to nasty comments
- Use the 'report abuse' button on websites/apps to report the problem
- Take a break from technology
- If the bullying continues, open a new account and only give your new details to trusted friends and family.
- If you are being harassed on your phone, report the problem to your phone company and get a new number
- If the bullying continues ask an adult to help you report it to the Police

Missed a class at school in the past month:



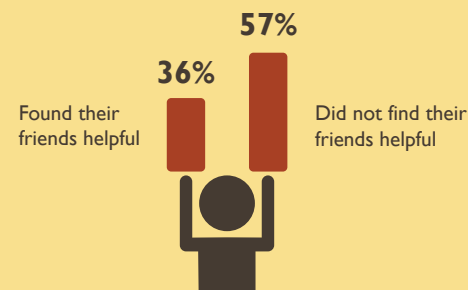
Missed out on extracurricular activities because they were worried about being bullied:



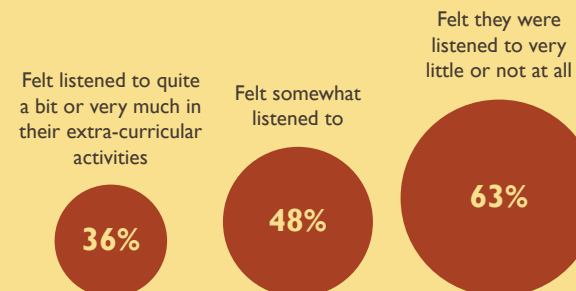
Reported extreme stress in the past month:



Considered suicide in the past year:



Reported self-harm in the past year:



Skipped school in the past month because they were worried about being bullied:

