

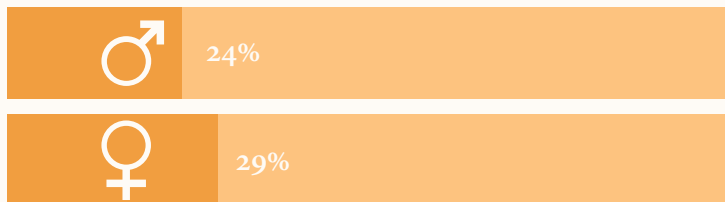
The Role of School Counsellors in Supporting BC Youth

McCreary Centre Society research has shown the important role that school counsellors play in the lives of youth aged 12 - 19.

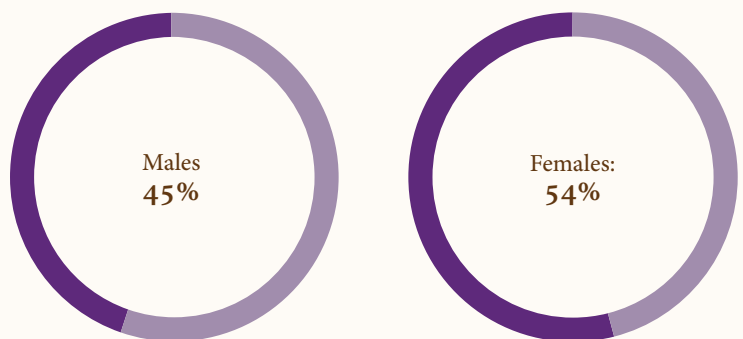


Among youth who asked for help in the past year, those who asked a school counsellor:

Youth in mainstream public school: ¹



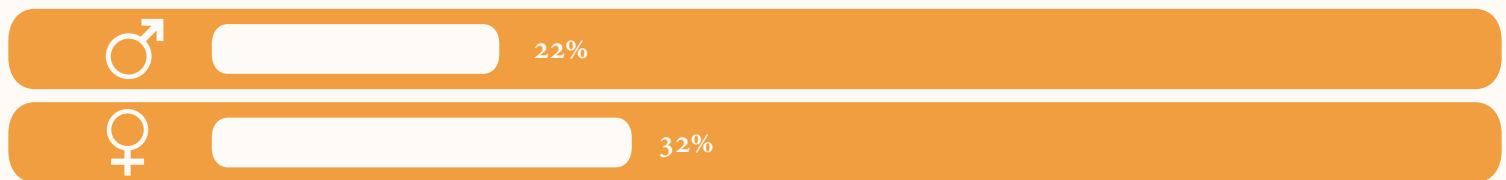
Homeless and street-involved youth: ²



Youth in care in mainstream public school: ⁶



Aboriginal youth in mainstream public school: ⁵



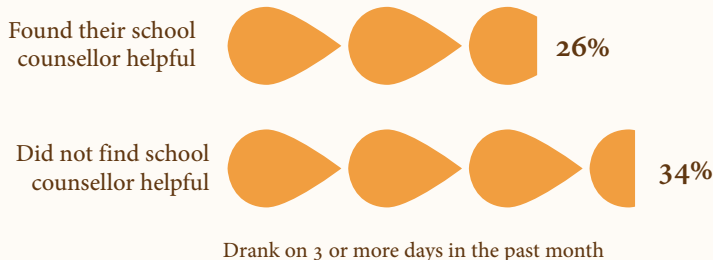
Among youth who had asked a school counsellor for help in the past year:

Found the assistance they received to be helpful: ¹

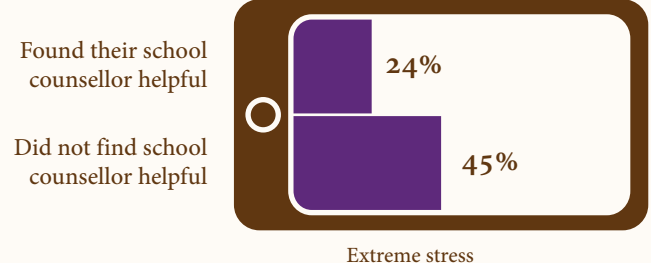


Among youth who found their school counsellor helpful:

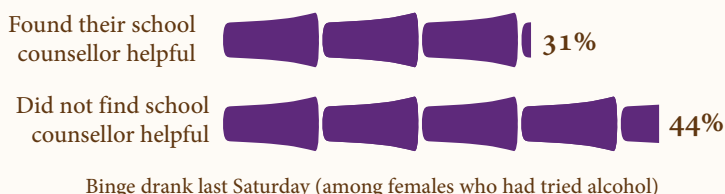
Those who had tried alcohol were less likely to have been drinking on 3 or more days in the past month: ³



Those who had been cyberbullied were less likely to report extreme stress: ⁴



Female youth were less likely to have binge drank: ³



“ I overcame depression by the help of a wonderful school counsellor.”

References:

1 From Hastings Street to Haida Gwaii
2 Our Communities, Our Youth

3 How Many is Too Many for BC Youth?
4 Untangling the Web

5 Raven's Children IV
6 We All Have a Role