

# SUPPORTING BC YOUTH: TEACHERS

This poster uses data from McCreary Centre Society's BC Adolescent Health Survey (BC AHS). The most recent BC AHS was completed in 2018 by over 38,000 youth aged 12-19. To learn more about the survey and view other posters and reports, please visit <http://mcs.bc.ca>.



Over half (55%) of BC students asked a teacher for help in the past year. Males were the most likely to have asked a teacher for help (59% vs. 51% of females vs. 40% of non-binary students), and were also the most likely to find their teacher helpful.

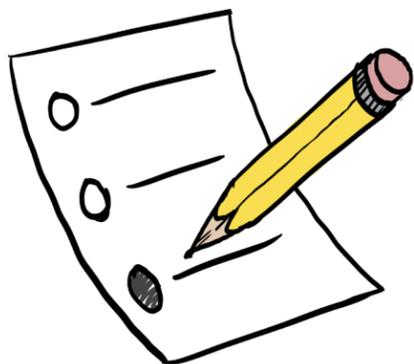
## AMONG YOUTH WHO ASKED A TEACHER FOR HELP...



# 93%

found the experience helpful.

Students who found their teacher helpful were more likely to:



- Feel like a part of their school (70% vs. 38% who did not find their teacher helpful), happy at school (70% vs. 31%), and safe at school (81% vs. 47%).
- Report good or excellent mental health (83% vs. 58%).
- Feel hopeful for their future (75% vs. 51%).
- Manage their stress well or very well (62% vs. 35%, among those who experienced stress).
- Feel their ideas were listened to and valued in their activities (50% vs. 33%).

Those who found their teacher helpful were also less likely to have skipped class in the past month.

# 21%

of youth who found their teacher helpful skipped class



vs.



# 39%

who did not find their teacher helpful.

## HAVING A TEACHER WHO CARES

# 2/3

students felt their teachers cared about them (67% of males vs. 65% of females vs. 52% of non-binary youth).



Youth who felt their teacher cared about them were more likely to:

- Usually feel good about themselves (68% vs. 37% of youth who did not feel their teachers cared).
- Feel happy in the past month (72% vs. 42%).
- Plan to continue their education after high school (86% vs. 72%).

They were also less likely to:

- Experience extreme stress in the past month (9% vs. 25%).
- Seriously consider suicide (13% vs. 35%) or attempt suicide (3% vs. 13%) in the past year.