

SUPPORTING BC YOUTH: YOUTH WORKERS

This poster uses data from McCreary Centre Society's BC Adolescent Health Survey (BC AHS). The most recent BC AHS was completed in 2018 by over 38,000 youth aged 12-19. To learn more about the survey and view other posters and reports, please visit <http://mcs.bc.ca>.



In the past year, 9% of BC youth approached a youth worker for help, including 20% of non-binary youth.

AMONG YOUTH WHO ASKED A YOUTH WORKER FOR HELP...



81%
found the experience helpful
(with no gender differences).

Students who found a youth worker helpful were more likely to:



- Have an adult in their community or neighbourhood who cared about them (67% vs. 55% of those who did not find a youth worker helpful).
- Have an adult in their life who helped them with homework (64% vs. 49%), preparing for post-secondary (78% vs. 58%), and getting a job (72% vs. 57%).
- Feel like a part of their community (46% vs. 32%).

Youth who found a youth worker helpful were less likely to have skipped class in the past 30 days.



32%
of youth who found a youth worker helpful skipped class

vs.



45%
who did not find a youth worker helpful.

They were also more likely to plan to continue their education after high school.



79%
of youth who found a youth worker helpful planned to pursue post-secondary

vs.



72%
who did not find a youth worker helpful.

Youth who found a youth worker helpful were more likely than those who did not find a youth worker helpful to:

- Feel hopeful for their future (61% vs. 46%).
- Feel happy most or all of the time in the past month (60% vs. 42%).
- Be able to identify something they were really good at (78% vs. 72%) and to always persevere when things went wrong (41% vs. 33%).



vs.



of youth who found a youth worker helpful reported positive mental health

who did not find a youth worker helpful.

Those who found a youth worker helpful were less likely to:



- Experience extreme despair (12% vs. 26%) and extreme stress (17% vs. 31%) in the past month.
- Self-harm (27% vs. 39%), seriously consider suicide (25% vs. 43%), and attempt suicide (11% vs. 22%) in the past year.
- Drink alcohol (64% vs. 73%) and vape in the past month (36% vs. 44%).